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# Fiber Four-Wave Mixing Source for Coherent Anti-Stokes Raman Scattering Microscopy

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We present a fiber-format picosecond light source for coherent anti-Stokes Raman scattering microscopy. Pulses from an Yb-doped fiber amplifier are frequency-converted by four-wave mixing in normal dispersion photonic crystal fiber to produce a synchronized two-color picosecond pulse train. We show that seeding the four-wave mixing process overcomes the deleterious effects of group-velocity mismatch and allows efficient conversion into narrow frequency bands. The source generates more than 160 mW of nearly-transform-limited pulses tunable from 775 to 815 nm. High-quality coherent Raman images of animal tissues and cells acquired with this source are presented. © 2013 Optical Society of America

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Coherent anti-Stokes Raman scattering (CARS) microscopy allows label-free biological imaging by exciting intrinsic molecular vibrations [1]. However, it requires two synchronized picosecond pulse trains with bandwidths smaller than the relevant Raman linewidth and a frequency spacing tunable to the Raman shift of interest. This is generally accomplished using a solid-state Nd-doped laser that is frequency-doubled to synchronously pump an optical parametric oscillator (OPO) [2]. Such bulk laser cavities are complex and require careful alignment and maintenance, limiting the use of CARS microscopy outside specialized laboratories.

A turn-key source based on optical fiber technology would make CARS more accessible to its intended users. Two-color femtosecond fiber lasers can be built using soliton self-frequency shift [3]. To maximize spectral resolution and contrast, picosecond sources are desirable. A frequency-doubled fiber source can pump a bulk OPO [4]. A two-color Er-doped fiber system was realized using highly nonlinear fiber and periodically-poled lithium niobate (PPLN) [5]. Electronically synchronized actively modelocked fiber lasers provide rapid spectral tuning [6]. However, limited pulse energy in the former and longer pulse duration in the latter yield peak powers lower than from conventional solid-state systems.

A major challenge is to find a fiber-based frequency-conversion scheme scalable to high powers. Four-wave mixing (FWM) in photonic crystal fiber (PCF) has been used to convert 100-200 picosecond pulses to large frequency shifts [7, 8]. However, unseeded FWM leads to large deviations from the transform limit and significant fluctuations in the converted pulses [9], both of which are detrimental to CARS imaging. Transform-limited pulses with spectra that just fill the vibrational linewidth ( $\sim 10 \text{ cm}^{-1}$ ) would be optimal. For the desired

few-picosecond pulses, interaction lengths are only tens of centimeters due to group-velocity mismatch (GVM), which limits FWM conversion. As a result of these issues, CARS microscopy of biological samples has not been demonstrated with a fiber-FWM source.

Here we present a fiber-based picosecond source for CARS microscopy. Frequency conversion is achieved by four-wave mixing in normal-dispersion PCF. Seeding the process mitigates GVM and suppresses noise. Pulses from a 1  $\mu\text{m}$  fiber amplifier are converted to around 800 nm with up to 160 mW of average power and durations around 2 ps. Frequency shifts in the range  $2650 \text{ cm}^{-1}$  to  $3200 \text{ cm}^{-1}$  have been achieved. We use this system to image mouse brain and skin tissues, as well as single cells. This is the first fiber instrument to offer performance comparable to solid-state systems.

At normal dispersion, phase-matching of the FWM process yields widely-spaced and narrow bands, as required for CARS. Their position can be controlled by tailoring the dispersion of a PCF, mainly its zero-dispersion wavelength (ZDW). Fig. 1 shows the phase-matching diagram for an endlessly singlemode PCF with a ZDW of 1051 nm, calculated as in [10]. The dispersion coefficients  $\beta_n$  at 1036 nm are:  $1.48 \text{ fs}^2/\text{mm}$ ,  $59.5 \text{ fs}^3/\text{mm}$ ,  $-69.5 \text{ fs}^4/\text{mm}$ ,  $136 \text{ fs}^5/\text{mm}$  and  $-180 \text{ fs}^6/\text{mm}$ . The continuous-wave (CW) pump power matches the expected pulse peak power. This shows that a pump laser tunable from 1030 nm to 1040 nm can be shifted by FWM in PCF to wavelengths between 770 nm and 820 nm with narrow bandwidths.

To understand the FWM process in the pulsed regime, we perform numerical simulations [11]. The simulations account for higher-order dispersion, spontaneous and stimulated Raman scattering, self-steepening and input shot noise. With only the input picosecond pump and un-

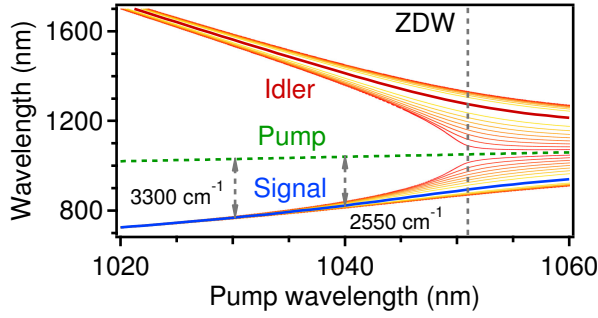


Fig. 1. (Color online) Phase-matched four-wave mixing gain for an endlessly singlemode PCF. The ZDW is 1051 nm, the non-linear parameter  $\gamma=9.6 \text{ (W}\cdot\text{km)}^{-1}$  and the CW power is  $P_0=3.6 \text{ kW}$ .

seeded sidebands, the process initially grows from spontaneous noise. Fig. 2(a) shows the resulting spectrum after the signal field near 800 nm reaches 3.1 nJ of pulse energy, typically required for a CARS source. Broad ( $>10 \text{ nm}$ ), randomly-fluctuating signal and idler bands develop. The signal energy saturates below 6 nJ as supercontinuum generation takes over due to non-phase-matched processes dominating beyond the GVM length. The GVM places a clear limit on the FWM process.

We propose that seeding the FWM process allows the fields to build up before GVM separates them. Seeding is known to reduce fluctuations, but to our knowledge there is no prior report of its use to counter GVM. We simply inject CW light at the idler frequency. The resulting spectrum after 30 cm of propagation is compared with the unseeded case at similar energies in Fig. 2(a) and details are shown in Figs. 2(b)-(c). Significant narrowing is achieved and the conversion efficiency is above 10%. Further conversion is limited by coherent energy exchange between fields, which generates structured pulses.

The experimental setup is shown in Fig. 3. A tunable Yb-doped fiber laser (modified TOPTICA PicoFYb) is coupled to a divided-pulse amplifier based on 10  $\mu\text{m}$  core diameter double-clad Yb-doped fiber [12]. This produces 2.5 W of pulses with 7.7 ps duration at 54 MHz repetition rate. This is combined with a fiber-coupled diode laser tunable from 1400 nm to 1490 nm and providing up to 30 mW (TOPTICA DLpro). The polarization-matched beams are coupled into an endlessly-single-mode PCF we fabricated and matching the fiber above. Filters block the anti-Stokes light generated by mixing of the signal and pump in the PCF [13]. A fraction of the 1  $\mu\text{m}$  pulses is picked-off before the PCF and combined with the polarization-matched signal at the microscope.

Experimental results with 30 cm of PCF are shown in Fig. 4. 1.6 W of pump pulses are coupled into the PCF. The idler is seeded with 5.1 mW at 1471 nm. The generated signal pulses have 166 mW of average power and a duration of 1.8 ps, while 308 mW of pump pulses are picked-off. The performance is similar to solid-state systems [2]. Higher powers or longer fibers yield higher

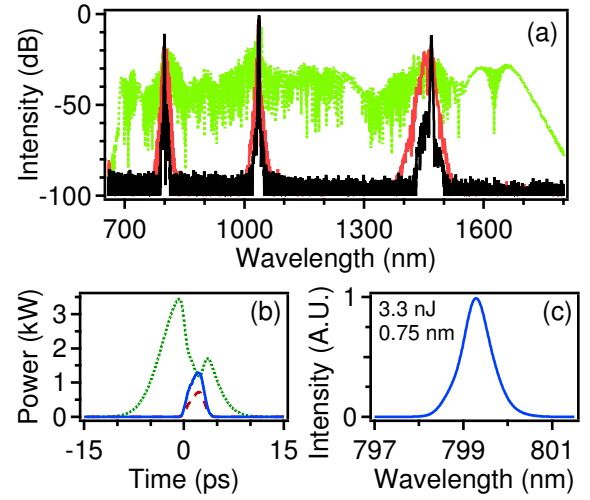


Fig. 2. (Color online) Simulated FWM. (a) Full spectrum without idler seeding after propagation through 56 cm (light solid) and 2 m (light dotted), and with idler seeded after 30 cm (black solid). GVM length is  $\sim 50 \text{ cm}$ . (b) Seeded FWM: signal (solid), pump (dotted) and idler (dashed) pulses. (c) Signal spectrum. The input pulse is centered at 1036 nm with 7.5 ps duration and 3.6 kW peak power. Idler seed power is 5 mW at 1470 nm.

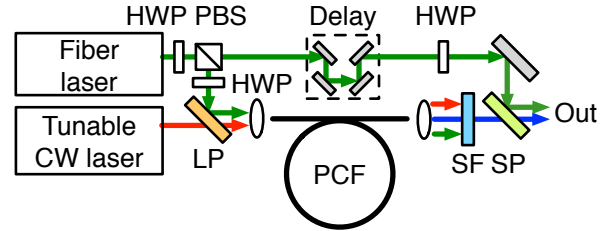


Fig. 3. (Color online) Experimental setup. HWP: half-wave plate, PBS: polarizing beamsplitter, LP: long-pass dichroic mirror, SF: filters (Thorlabs DMSP1000, Chroma HQ735LP), SP: short-pass dichroic mirror.

signal energies and structured spectra. The frequency difference of  $2850 \text{ cm}^{-1}$  corresponds to the  $\text{CH}_2$  stretch. With the tuning range of the diode, we achieved similar performance for frequency shifts of  $2650 \text{ cm}^{-1}$  and  $2950 \text{ cm}^{-1}$ . By use of a similar fiber amplifier centered at 1031 nm and an amplified diode laser tuned to 1546 nm, we generated a signal wavelength of 774 nm, corresponding to a Raman shift of  $3200 \text{ cm}^{-1}$ . Coarse tuning can be accomplished by changing the pump wavelength, while fine tuning over 1 to 2 nanometers can be done by tuning the seed. No re-alignment is required.

The FWM signal and picked-off pump are coupled into a laser-scanning microscope (customized Zeiss LSM 510) and focused using a 40X water-immersion objective with a numerical aperture of 1.1. We detect the forward-generated CARS signal with a non-descanned photomultiplier tube. The total power delivered to the samples is

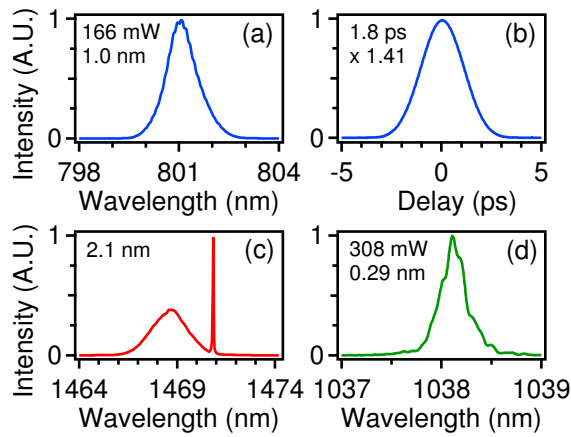


Fig. 4. (Color online) Experimental FWM results after 30 cm of PCF: signal (a) spectrum and (b) autocorrelation, (c) idler and seed. (d) Picked-off pump spectrum.

about 60 mW. CARS images at a  $2850\text{ cm}^{-1}$  shift from a mouse ear are presented in Figs. 5(a)-(b). The former shows the stratum corneum at the skin surface, and the latter reveals the sub-cellular lipid distribution in a sebaceous gland 40  $\mu\text{m}$  deep in tissue. Fig. 5(c) shows a mouse brain section with myelin sheath wrapped around axons. Finally, Fig. 5(d) shows isolated rat fibroblast cells. The typical lipid droplet signal relative to noise is 40 for cell images and 80-120 for sebaceous glands, confirming image quality. At a shift of  $2950\text{ cm}^{-1}$ , this dropped to 25 for cells and 40 for sebaceous glands.

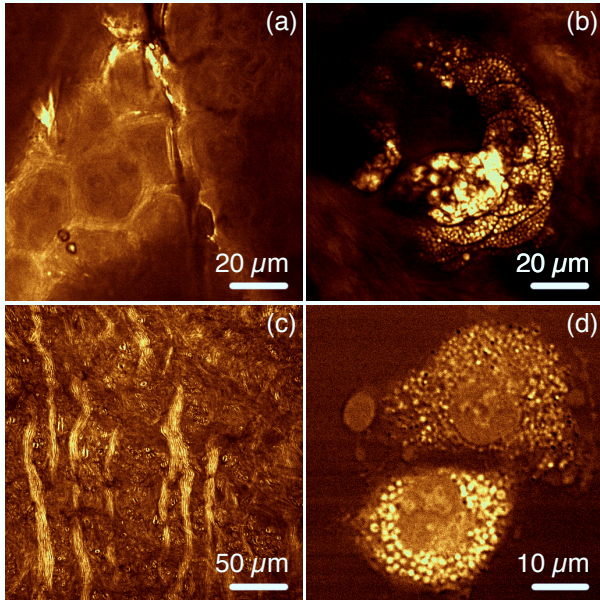


Fig. 5. (Color online) Forward-CARS images at  $2850\text{ cm}^{-1}$ : (a) stratum corneum and (b) sebaceous gland in mouse ear, (c) mouse brain section, (d) rat fibroblasts. 512x512 pixels at 4 s/frame, no averaging.

We attempted to perform stimulated Raman scatter-

ing (SRS) imaging [14]. Preliminary experiments with dodecane showed excessive fluctuations in the SRS signal, precluding imaging. No attempt was made to design the present source for low noise, and parametric processes such as FWM amplify the noise of the pump and the seed. We can conclude that fiber sources will have to be designed for low-noise performance for SRS microscopy. Optimization of the detection scheme will also be desirable, for instance by modulating the FWM signal and detecting the quieter fiber laser pulse train.

To summarize, we have demonstrated a fiber-based source for CARS microscopy based on picosecond FWM in PCF. Seeding of the FWM process overcomes the limitations of noise and group-velocity mismatch. More than 160 mW of 2 ps pulses can be generated at suitable frequency shifts covering more than  $500\text{ cm}^{-1}$ . The system could be further integrated using specialty splices and fiber couplers. This is a significant step toward a turn-key fiber-based source that will allow CARS microscopy to extend into biological and clinical applications.

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